

Experiences in Close Relationships Scale (revised) ECR-R

One assessment I have found extremely useful and informative in marriage counseling is the **Experiences in Close Relationships Scale (revised) ECR-R**. The ECR-R was created in 1998 by Kelly Brennan, Catherine Clark and Phillip Shaver and it groups people into four different attachment categories on the basis of scores along two scales. The ECR-R consists of thirty six scaling questions that must be rated on how characteristic they are of the subject completing the assessment. The test should not take most people more than four minutes, but please do not rush. At the end of the assessment please indicate your age, your sex and whether or not your results were accurate and can be used for research.

This assessment can be found at <https://openpsychometrics.org/tests/ECR.php>